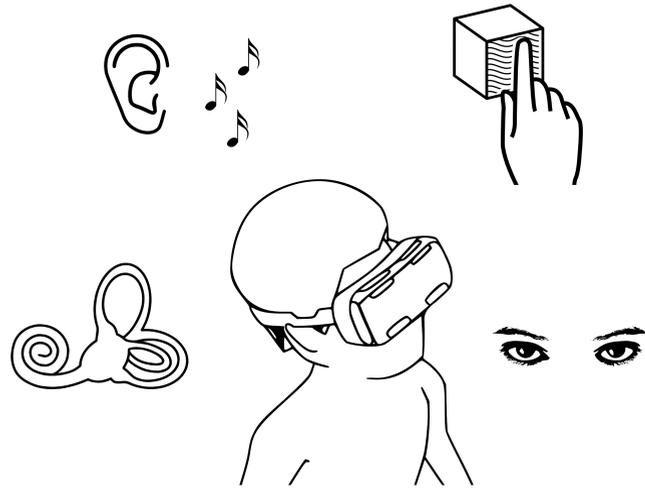


## Introduction

Cybersickness diminishes the societal benefits offered by virtual reality. There is a vast heterogeneity in susceptibility to cybersickness across the population, indicating that this is a complex and multi-factorial problem. Although many acknowledge this, most studies continue to examine the effect of a single factor on cybersickness.

Candidate factors that might underlie individual differences in cybersickness include sensorimotor processing and multisensory reweighting functions<sup>1-3</sup>.

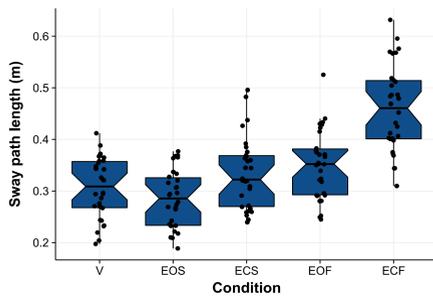
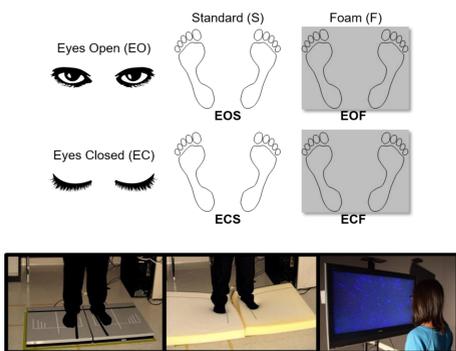
Here we aimed to construct a multi-component model of cybersickness. We conducted a battery of tests of vection susceptibility, balance control, and vestibular thresholds, prior to virtual reality exposure. Using these indices we generated a predictive model for cybersickness susceptibility using principal components regression.



Abbreviations and Initialisms

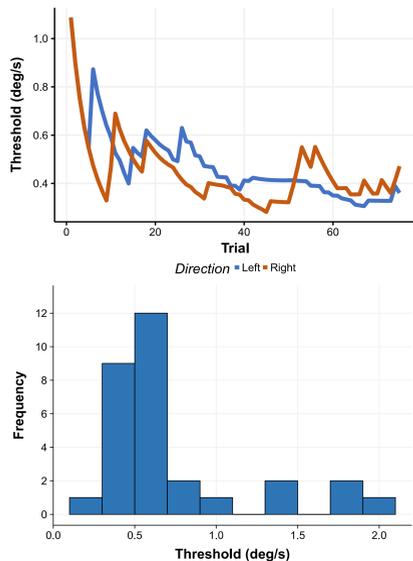
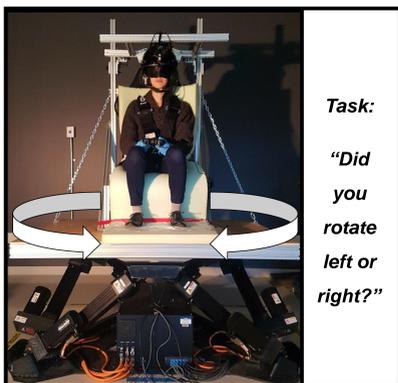
- SSQ: Simulator sickness questionnaire<sup>4</sup>
- MSSQ: Motion Sickness Susceptibility Questionnaire<sup>5</sup>
- CS: Cybersickness
- V: Vection (sway)
- VStr: Vection (strength, verbal report)
- Thresh: Vestibular thresholds
- AD: ADR1FT VR
- FC: First Contact VR
- PCs: Principal Components
- EOF (ECS): Eyes Open, Foam (Eyes Closed, Standard)

## Balance control



- Balance control (30 sec sway path length) measured for 8 reps per condition.
- Vection measured with sway responses and verbal reports of strength (0-10).

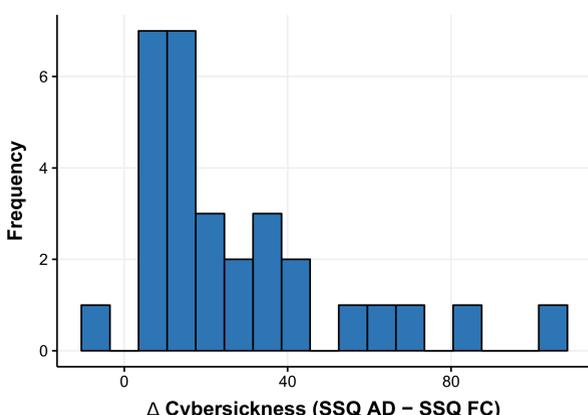
## Vestibular thresholds



- Bayesian adaptive staircase routine was used to estimate 75% thresholds for yaw self-motion over 150 trials.

## Virtual reality

- Exposure to 14 min of VR with Oculus Rift CV1.
- Difference in Simulator Sickness Questionnaire (SSQ<sup>4</sup>) total scores for each VR task was used to compute cybersickness ( $\Delta$ CS).



## References

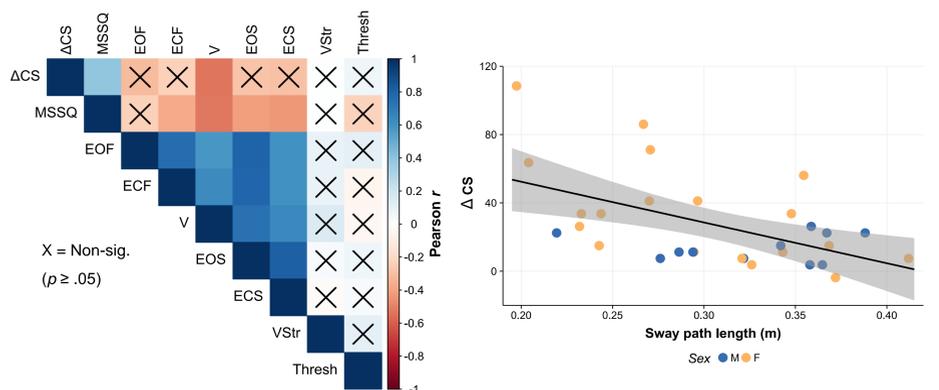
1. Keshavarz B, Riecke BE, Hettinger LJ, Campos JL. *Front Psychol* 6: 472, 2015.
2. Riccio GE, Stoffregen TA. *Ecol Psychol* 3: 195-240, 1991.
3. Weech S, Troje NF. Vection latency is reduced by bone-conducted vibration and noisy galvanic vestibular stimulation. *Multisens Res*, 30:65-90
4. Kennedy RS, Lane NE, Berbaum, KS, Lilienthal MG. *Int J Aviat Psychol* 3: 203-220, 1993.
5. Golding JF. *Brain Res Bull* 47: 507-516, 1998.
6. Weech S, Moon J, Troje, NF. Influence of bone-conducted vibration on simulator sickness in virtual reality. *PLoS One*, 13(3): e0194137, 2018 .

Locate a preprint of this work on bioRxiv

Weech, S., Varghese, J. P., & Barnett-Cowan, M. (2018). Estimating the sensorimotor components of cybersickness. *bioRxiv*, 318758.

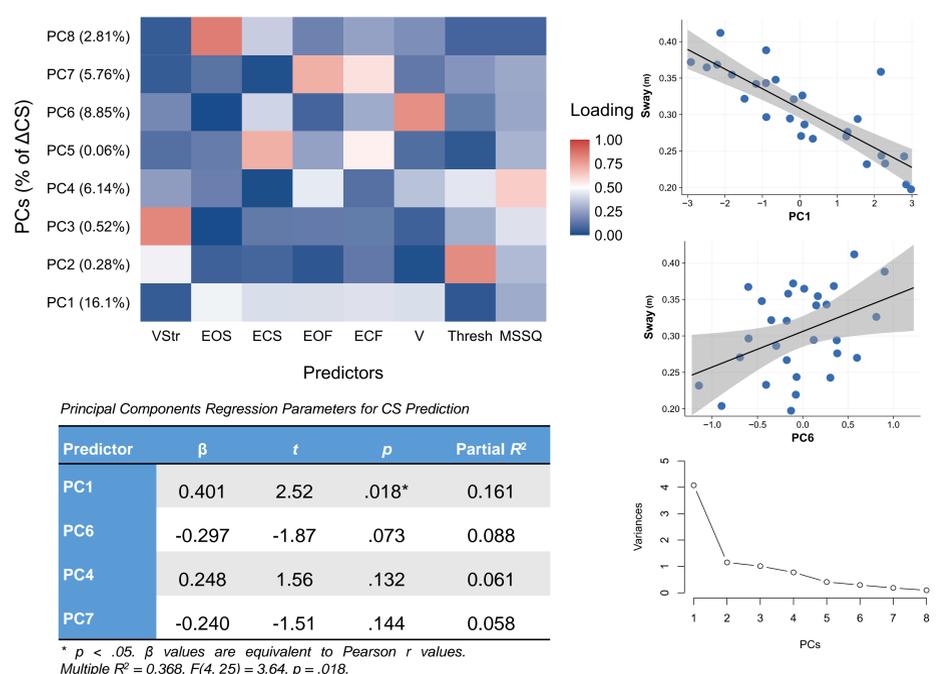


## Correlations



- Significant inverse correlation between sway during vection and  $\Delta$ CS.
- All balance control measures were negatively correlated with  $\Delta$ CS.
- High collinearity among predictors : Unstable multiple linear regression model.

## Principal components regression



- Multiple regression model constructed from 4 principal components significantly predicted 37% of  $\Delta$ CS.
- Sway during vection loaded on 3 of the 4 components.

Akaike Information Criterion (AIC) for Multiple Regression Models

Predictors (PCs)	AIC	$\Delta$ AIC
1, 4, 6, 7	278.97	.
Saturated model	285.17	-6.20
1	281.49	-2.52

## Conclusion

- The results show the potential for predicting cybersickness without exposing participants to nauseating VR content, affording content curation and individualized usage advice.
- Our model should be applied alongside online physiological measures<sup>6</sup>.
- Future prospects include increasing prediction accuracy by using other advanced analytic methods (e.g., linear discriminant analysis, support vector machines).